

Pamela Kay King

186 E. 1800 N. North Logan, UT (435)787-4517 (business)

Pam@SolutionPlay.net

www.SolutionPlay.net

Education:

- M.S. Family and Human Development, Utah State University, 1993.
- B.A. Theatre Arts/ Psychology/Spanish, Utah State University, 1988.
- A.A. Theatre Arts/Speech Communication, Western Wyoming College, 1985.

Additional Training:

Foundational Coach Training, Institute for Life Coach Training 2004
Mission Coaching, Center for US Missions 2008
Coachville, Professional Coaching Coursework 2010-2011
Foundations of Brief Coaching 2018

200+ Hours Play Therapy/Child Therapy Specific Training
300+ Hours Solution Focused Brief Therapy Specific Training
150+ Hours Family Violence and Trauma Specific Training
Level I Gottman Certified
Trained in EMDR

Licenses/Certifications Held:

Marriage and Family Therapist, Utah.
Certified Mission Coach

Professional Experience:

Keynote Speaker/Teacher/Trainer, Application of Solution Focused skills to various populations. Presentations for clinicians working with children and families. Workplace Training on employee relations and management style. 2001- Present

Conference Consultant, Serve as a liaison between annual conference planning committees and the SFBTA Board. Provide guidance and mentoring for Conference Chairs and solution build around any issues that arise during the conference planning and preparation. Provide continuity from year to year with the annual conference. 2016 - Present

Employee Assistance Program Therapist, Contracted provider with several EAPs to provide brief counseling for help with caregiver issues; difficult employee situations, team building and Workplace trainings. 2003 – Present

Marriage and Family Therapist, Private Practice with individuals, couples and families, children and adults. 2003- Present.

Instructor, Utah State University, Department of Family Consumer and Human Development. Taught occasional undergraduate classes, 1991-1997, 2007-2008

Director, REACH Cache Valley 21st Century school-based services grant administrator. Cache County School District. Community, district liaison, 2001-2003

Director, Children's Treatment Program for child witnesses of domestic violence. Family Institute of Northern Utah/Evergreen Family Therapy, Logan UT. Program development, consultant, supervisor and lead therapist of children's program. Served as expert witness, conducted forensic interviews, taught classes for the State of Utah Domestic Violence Core Certification, presented workshops and trainings on local to international level, 1997-2001

Marriage and Family Therapist Family Institute of Northern Utah. Emphasis areas: court-ordered clientele, domestic violence, depression/anxiety, sexual abuse survivors, play therapy, parenting, child and family development, 1995-2003

Practicum Site Supervisor, Assist undergraduate students in setting and achieving goals while working in an interdisciplinary team. Mentor students in researching, developing and presenting interventions. 1997-2005

Mental Health Specialist, Bear River Mental Health, Logan UT. Coordination of mental health services for children and families in the Cache CARES program. School-based individual, group and family therapy services, psychosocial education, skill development and parenting classes, 1993-1996

Director/ Case Manager, Intermountain Youth Care, Logan UT. Coordination of services for adjudicated youth placed in proctor homes. Proctor parent recruitment and training, psychosocial education and skill development, youth tracking, assisting youth and families of origin in goals of reuniting or independent living, 1992-1993

Research/Teaching Assistant, Family and Human Development, Utah State University, Intervention development, recruitment, training and supervision of field data collection, manuscript preparation, data analysis, and adolescent focus groups facilitator. 1990-1992

Juvenile Detention Teacher, Cache Valley Attention Detention Center, 1990(summer)

Teacher's Aide Special Education, Adams Elementary School, Logan UT. Planning, implementing and documentation of academic and recreational programs and social and behavioral skills tutoring for children with severe physical and mental deficits in a self-contained classroom, 1988-1990

Business Manager/ Actress, Western Wyoming Community College, Rock Springs, WY. Children's theatrical production on forced sexual touch, title role, manager. Presented to elementary schools throughout Western Wyoming, 1982-1985

Committee Membership:

- Toastmasters Club 794 President 2017- present
- Utah Association for Marriage and Family Therapy: Board Member 2016-present
- Conference Consultant SFBTA 2016-present
- Divorce Education for Children Subcommittee Utah Courts 2009-2013
- Abstract Review Committee SFBTA 2010-2011
- Conference Chair, Utah Association for Marriage and Counseling, 2005-2008
- Utah Adult and Continuing Community Education, Education Forum Training Subcommittee chair, 2002-2003.
- UT Domestic Violence Advisory Council Treatment Subcommittee. Conference co-chair, 1999
- Cache County Coalition Against Domestic Violence, 1997-2001

Special Awards and Achievements:

- Teaching Assistant of the Year (1992). College of Family Life, Utah State University
- Various student and community awards

Publications:

King, Pamela. (2017) Tools for effective therapy with children and families: A solution-focused approach. Routledge.

King, Pamela. (2014) Follow the leader: Solution focused play therapy. Family Therapy Magazine, volume 13 number 3.

King, Pamela. (2013) Solution focused brief therapy and play scaling. Journal of Family Psychotherapy, volume 24 number 4.

Carter, Laurel G; Kay, Steven K; George, Jaqueline L; King, Pamela K. (2003) Treating children who are exposed to domestic violence. Journal of Emotional Abuse, volume 3 number 3-4. Hayworth Maltreatment and Trauma Press.

Miller, Brent C; Christopherson, Cynthia R; King, Pamela K. (1993) Sexual Behavior in Adolescence. In T.P. Gullotta (ed) Adolescent Sexuality. Volume VI in the series Advances in Adolescent Development. Sage.

King, Pamela K. (1993). Documenting the relationship between adolescent sexual behavior and identity status. Masters thesis, Utah State University. Masters Thesis.

Professional Memberships:

- Solution Focused Brief Therapy Association
- American Association for Marriage and Family Therapy Clinical Member
- Utah Association for Marriage and Family Therapy Clinical Member
- American Play Therapy Association; Utah Play Therapy Association
- Toastmasters International

Workshop/Conference Presentations:

“Creative Solution Focused Therapy: Embodied Techniques with Teens and Adults” Expressive Therapies Summit, Los Angeles, CA. March 2019

Tools for Effective Therapy with Children and Families” Solution Focused University Taos, NM. February 2019.

“Solution Focused Improv” Solution Focused Brief Therapy Annual Conference, Boulder, CO. November 2018.

“Solution Focused Parenting Across Cultures” with Keiko Yoneyama-Sims, Dominik Godat & Elfie Czerny Solution Focused Brief Therapy Annual Conference, Boulder, CO. November 2018.

“Creative Solution Focused Therapy: Embodied Techniques with Troubled Teens and Adults” Expressive Therapies Summit. New York City, NY. October 2018.

“Children and Anxiety: Shrinking the Worry Monster” Utah Association for Marriage and Family Therapy Annual Conference, Park City, UT. May 2018.

“Children, Trauma, and Solution Focused Therapy” Two Day Workshop. Hincks-Dellcrest Centre, Gail Appel Institute, Toronto, Canada, February 2018.

“Solution Focused Play Therapy: Co-Creating Change” Vyne Education 6-hour training in Wichita, KS; Overland Park, KS; St. Louis, MO; Rochester, NY; Syracuse, NY; Buffalo, NY February 2018.

“Children's Work all Over the World” Solution Focused Brief Therapy Annual Conference, Santa Fe, NM November 2017.

“Solution-Building with Children” Solution Focused World Conference, Bad Soden, Germany September 2017.

“Solution Building with Children and Trauma” 2-day workshop, Centrum Rozwiązań, Torun, Poland, September 2017.

“Ericksonian Inspired Therapy with Children and Families” Utah Association for Marriage and Family Therapy Annual Conference, Provo, UT. May 2017.

“Basic Solution Focused Principals and Teams” Co-present with Heather Fiske, Stepping Stones International, Botswana, Africa, April 2017.

“Trauma and Young People” Full day Seminar, Stepping Stones International, Botswana, Africa, April 2017.

“SFBT and Trauma: Creative Solutions with Children and Youth” Solution Focused Safari, South Africa, March 2017.

“Working on What Works in Business” Utah Public Employees Association March 2017.

“Stand Up and Speak: Leadership and Presentation Skills” Cache Interagency Council Annual Conference, Logan, UT October 2016.

“Abuse and Trauma Solutions: Working with Children and Youth” Solution Focused Brief Therapy Annual Conference, Nova Scotia, CA November 2016.

“Train the Trainer” Working with Supervisors and Mentors 2-Day Intensive. The Child and Family Centre. Sudbury, Ontario, Canada. September 2016.

“Effective Therapy with Children and Families: A Solution Focused Approach” 3-Day Intensive. The Child and Family Centre. Sudbury, Ontario, Canada. June 2016.

“Solution-Focused Play Therapy: Tools for Effective Therapy with Children and Families” Plenary. Solution Focused World Conference, Amsterdam, Netherlands June 2016.

"Trauma: Effective Treatment with Children and Youth" Utah Association for Marriage and Family Therapy Annual Conference, Sandy, UT. May 2016.

“Solution Focused Brief Therapy and Trauma: Creative Solutions with Children and Youth” Two Day Workshop. Hincks-Dellcrest Centre, Gail Appel Institute, Toronto, Canada, Feb/March 2016.

“Bouncing Forward: Tips for Raising Resilient Children" Parent Workshop. Young People’s Theatre & The Hincks-Dellcrest Centre/Gail Appel Institute, Toronto, Ontario, Canada. February 2016.

“Follow the Leader: Solution Focused Play Therapy with Children” One day Workshop Centrum PSR, Torun, Poland, September 2015.

“Solution Focused Play Therapy with Children and Families” Women in Private Practice, Utah Association Meeting, May 2015.

“The Solution Focused Life: Life Balance” Professional Women’s Roundtable. Cache County Chamber of Commerce, Logan, UT. March 2015.

“I’m Almost a 10! And Other Proclamations of Solution-Minded Children” Invited pre-conference full day workshop. Solution Focused Brief Therapy Annual Conference, Santa Fe, NM November 2014.

“Follow the Leader: Solution Focused Play Therapy with Children” Invited full day institute American Association for Marriage and Family Therapy Annual Conference, October 2014.

“Follow the Leader: Solution Focused Play Therapy with Children” Three day training and consultation. Chickasaw Nation Office of Strong Family Development, Ada, OK September 2013.

“Creative Techniques for Finding Solutions with Children and Families” UAMFT Regional Training, Logan, UT, November 2013.

"Broadening the Lens: Scaling with Children and Families in Difficult Situations" Solution Focused Brief Therapy Annual Conference, Toronto, Ontario, Canada, November 2013

"Solution Focused Play Therapy with Children and Families" American Association for Marriage and Family Therapy Annual Conference, October 2013. Utah NASW, September 2013.

"Harnessing Miracles: Tools for Work with Children and Families" Colorado Play Therapy Institute, Boulder, CO. February 2013. Kern County Mental Health, Bakersfield, CA, March 2013.

"Fostering a Respectful and Positive Work Environment" Schreiber Foods. 2012 Smithfield, UT .

"Managing Critical Relationships in the Workplace" Cache Valley Small Business Development Center. 2012 Logan UT.

"Harnessing Miracles: Tools for Work with Children and Families" Full day workshop Park City, UT; Salt Lake City, UT; Denver Center for Solution Focused Brief Therapy 2012.

"Harnessing Miracles: Tools for Work with Children and Families" SFBTA Conference 2011 Bakersfield, CA.

"Play Therapy with Children" UAMFT Regional Trainings. 2011 Salt Lake City, UT.

"Exceptions, Solutions and Play with Children in Therapy" SFBTA Conference 2010 Banff, Canada; Denver Center for Solution Focused Brief Therapy, 2010 Denver, CO UAMFT Regional Trainings. 2010 Logan, UT.

"Ministry of Encouragement" Conversations of Grace. 2006 Salt Lake City, UT.

"Communication and Relationships in Family Business" Ranching for Profit Far West Executive Link. 2004 Boise, ID.

"Mission Planter Coaching" Conversations of Grace. 2004 Denver, CO.

"Changing Your Tune: Innovations for Child and Adolescent Witness of Domestic Violence" 6th International Conference of Family Violence. 2001 San Diego, CA.

"Treating Children Who Are Exposed to Family Violence" 5th International Conference on Family violence. 2000 San Diego, CA.

"Systemic Treatment of Child Witnesses of Domestic Violence" Utah Association for Marriage and Family Therapy. 1998, 1999 Conferences, Park City, UT.

"Developing Systemic Treatment for Domestic Violence" American Association for Marriage and Family Therapy. 1997 Atlanta, GA.